

A portrait of Rachell Dumas, a Black woman with long dark hair, smiling and wearing a dark grey V-neck shirt and a watch. She is standing with her arms crossed against a mustard yellow background.

Rachell Dumas, RN, MSN, DNP(c)

Summary

Rachell M. Dumas is a maternal health advocate, nurse leader, and public speaker with national experience across conferences, panels, webinars, podcasts, and community convenings. Her work centers on maternal health outcomes, pregnancy loss, perinatal mental health, NICU family support, patient advocacy, and healthcare accountability. Her speaking blends evidence-based education, lived experience, and actionable strategies for maternal health systems transformation.

Contact P. 504-813-8025
E. rdumas@alightafternine.org

EDUCATION

- Master of Science in Nursing, Nursing Informatics (Anticipated March 2024)
Walden University
- Bachelor of Science in Nursing (August 2016)
Chamberlain College of Nursing

PROFESSIONAL & ADVOCACY LEADERSHIP

- Advocacy Co-Chair, Georgia Maternal Health Task Force
- Member, Patient & Family Leadership Council, Emory Healthcare
- Advisor, Compass Study Advisor Board, Emory Healthcare

AWARDS & HONORS

- Maternal Health Advocate of the Year Award — May 2025
- Chamberlain Alumni Commit to Care Award — September 2025
- BTS Future Honors Award — December 2025

Leadership & Organizational Impact

Founder & Executive Director — A Light After Nine (Nonprofit) | October 2024–Present

A Light After Nine is a nonprofit organization supporting individuals and families through infertility, pregnancy loss, maternal health disparities, and healing-centered community programming.

Website: www.alightafternine.org

Founder & CEO — HEARD (Human-Enabled AI Reporting & Documentation) | August 2025–Present

HEARD is a patient advocacy-centered health-tech initiative designed to empower patients and caregivers with tools for documentation, reporting, and support navigation to strengthen patient voice and improve safety outcomes.

Website: www.myheardapp.com

Community Partners/Collaborations

Healthy Mothers, Healthy Babies of GA; Postpartum Support International (PSI) GA Chapters; 4Kira4Moms; Black Women for Wellness; Birthmark; Primary Care Association; Dear NICU Mama; Bebo Mia; National Perinatal Task Force; Melanin Mothers Meet; Sacred Melanin; Georgia Department of Public Health; HRSA; Estée Lauder/Vital Voices; Walden University; Chamberlain University; Emory Healthcare.

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PODCASTS/MEDIA

- Nurse Rosa's Insights
- Nurse Keith Podcast
- The Melanin Initiative Podcast
- Healthcare Rule Breakers
- Dear NICU Mama Podcast
- Women Making Moves (Amy Pons)
- Leader's Edge Podcast
- The Morale Booster Podcast
- Underneath the Sisterhood (x2)
- PSI The One
- Nursing Now Podcast
- The Nursing Dose Podcast (Dr. Farah Laurent)
- Every Day Supermoms
- Nurses with Voices
- The Resilient Mother Podcast
- Star Legacy Podcast
- MHHA Podcast (Sherress Hicks)
- Nurse on Purpose Podcast (Chinelo Okoye)
- Mom & Mind Podcast (Dr. Kat)
- Mompreneurship Podcast
- Sisters in Loss Podcast
- Ask a NICU Mama Podcast (Ashley O'Neil)
- Quiet Connection Podcast (Chelsea Myers)
- The Conversing Nurse

Speaking Engagements

- Included Health – Inspire Summit — Fireside Chat (March 3)
- Missouri Maternal Health Convening (March 4)
- Emory Healthcare — Black Maternal Health Panel (April 14)
- HMHB Maternal Health Awareness Day — Georgia State Capitol (March 15)
- Bebo Mia — Doula Training (Guest Speaker)
- IPPE BMHW Virtual Panel (March 28)
- Black Maternal Health Exchange Panel — Melanin Mothers Meet (April 5)
- Georgia Department of Public Health (DPH GA) — Maternal Health ECHO Webinar (April 29)
- National Perinatal Task Force (NPTF) — Webinar (April 26)
- Georgia Perinatal Quality Collaborative (GaPQC) — Maternal Health Webinar (May 6)
- Clinician Fest — Webinar Series (May 1–2)
- Renew Start Georgia — Maternal Health Panel (May 17)
- Zero to Three – Strolling Thunder — Washington, D.C. (May 18–22)
- Shades of Blue — Black Maternal Mental Health Conference Speaker
- Dear NICU Mama — Webinar (July 29)
- Black Women for Wellness Conference — MIH Track Speaker (Aug 7)
- 4Kira4Moms — Pregnancy Loss Presentation (Sept 13)
- Primary Care Association — Maternal Health Summit Speech (Sept 17)
- Afterbirth: Where's My Village — Webinar (Sept 27)
- Birthmark — Pregnancy Loss Webinar (Oct 7)
- PSI — Black Maternal Mental Health Summit (Oct 10)
- March of Dimes — Signature Presentation Webinar (Oct 14)
- Not On My Watch Conference — Speaker (Oct 21)
- March of Dimes — Fireside Chat with Chief Medical Officer (Oct 28)



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BOOKING & MEDIA INQUIRIES

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LinkedIn: www.linkedin.com/in/rdumasrn
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www.myheardapp.com

Speaking Topics

- Black Maternal Health Outcomes and Equity
- Pregnancy Loss, Bereavement, and Healing Forward
- Perinatal Mental Health and Maternal Mental Health Advocacy
- NICU Family Support and Trauma-Informed Care
- Patient Advocacy: What to Do When You Are Not Heard
- Healthcare Accountability, Bias, and Medical Gaslighting
- Storytelling for Systems Change (Lived Experience as Evidence)
- Nursing Leadership in Maternal Health Innovation
- Digital Health + Advocacy Tools to Improve Safety Outcomes

Publications/Press

- Featured Article: 11Alive News – "Nurse starts company to help employers keep workers safe during the pandemic." ([link](#))
- Featured Article: WABE – "After recovering from COVID-19, Atlanta nurse creates her own company to help employers with COVID-19 preparedness." ([link](#))
- Featured Article: Voyage ATL – "Meet Rachell Dumas of Onward Healthcare Solutions & Education LLC." ([link](#))
- Featured Article: WABE – "A bidding war for supplies—and now we're seeing it for people: Georgia nurses recruited to New York." ([link](#))
- Featured Article: Start TV – Profiled in "In Her Words," sharing experiences as a traveling nurse during the COVID-19 pandemic. ([Start TV](#))
- Featured Article: Chamberlain University Blog – Detailed experiences working on the frontlines during the COVID-19 crisis in New York City. ([Chamberlain University](#))
- Featured Article: Women's Health – Dumas, R. M. (2025, May 30). It Took Nine Pregnancy Losses Before I Was Finally Diagnosed With This Rare Cervical Condition. Women's Health.
- Featured Article: Essence Magazine – Abari, T. (2025, April 15). Why aren't we talking more about cervical insufficiency? Essence. <https://www.essence.com/lifestyle/cervical-insufficiency/>